

**Northeast Carpenters Health Fund: Blue Cross Blue Shield** Coverage Period: 01/01/2017-12/31/2017  
 Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: HRA Single/Fam Level 2 | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.nrccf.org](http://www.nrccf.org) or by calling 1-800-624-3096.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	<b>\$ 200</b> family deductible per benefit year for Major Medical benefits. Only applies to out-of-network providers.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1 <sup>st</sup> ). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	<b>\$</b> No	You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	<b>\$</b> Yes Individual \$ 7,150 Family \$ 14,300	This <b>out-of pocket limit</b> is the most you pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, health care this plan does not cover, and prescription drug copays/coinsurance.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.
Does this plan use a <u>network of providers</u> ?	Yes. See <a href="http://www.nrccf.org">www.nrccf.org</a> or call 1-800-624-3096 for a list of participating providers.	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers in network</u> . See the chart starting on page 2 for how this plan pays different kinds of providers.
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 7. See your policy or plan document for additional information about <u>excluded services</u> .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **participating providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$10/visit	20% coinsurance after deductible plus any balance billed amount	_____none_____
	Specialist visit	\$10/visit	20% coinsurance after deductible plus any balance billed amount	_____none_____
	Other practitioner office visit	No charge for chiropractor and acupuncture	20% coinsurance after deductible for chiropractor and acupuncture plus any balance billed amount	Chiropractor limited to \$1,200 per covered family per benefit year Acupuncture limited to \$1,000 per covered family per benefit year
	Preventive care/screening/immunization	No charge	20% coinsurance after deductible plus any balance billed amount	_____none_____

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If you have a test	Diagnostic test (x-ray, blood work)	No charge	Difference between billed amount and 100% of allowed amount	_____none_____
	Imaging (CT/PET scans, MRIs)	No charge	Difference between billed amount and 100% of allowed amount	_____none_____
If you need drugs to treat your illness or condition  More information about <u>prescription drug coverage</u> is available at <a href="http://www.njcf.org">www.njcf.org</a> .	Generic drugs	\$5 copay retail \$10 copay mail	Not covered	Retail Pharmacy covers up to a 30-day supply. Mail Order Pharmacy covers up to a 90-day supply. Mandatory Mail Order Program. Mandatory Generic Substitution Program
	Preferred brand drugs	20% coinsurance (retail and mail)	Not covered	Retail Pharmacy covers up to a 30-day supply. Mail Order Pharmacy covers up to a 90-day supply. Mandatory Mail Order Program. Mandatory Generic Substitution Program
	Non-preferred brand drugs	20% coinsurance (retail and mail)	Not covered	Retail Pharmacy covers up to a 30-day supply. Mail Order Pharmacy covers up to a 90-day supply. Mandatory Mail Order Program. Mandatory Generic Substitution Program
	Specialty drugs	20% coinsurance includes all injectable drugs	Not covered	Retail Pharmacy covers up to a 30-day supply. Mail Order Pharmacy covers up to a 90-day supply. Mandatory Mail Order Program. Mandatory Generic Substitution Program. Prior Authorization.

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If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	Difference between billed amount and 100% of allowed amount	Pre-certification required
	Physician/surgeon fees	No charge	Difference between billed amount and 100% of allowed amount	Pre-certification required
If you need immediate medical attention	Emergency room services	\$100 copay (waived if admitted)	Difference between billed amount and 100% of allowed amount plus \$100 copay (copay waived if admitted)	_____none_____
	Emergency medical transportation	No charge	Difference between billed amount and 100% of allowed amount	_____none_____
	Urgent care	\$10 copay	20% coinsurance after deductible plus any balance billed amount	_____none_____
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	Difference between billed amount and 100% of allowed amount	Pre-certification required
	Physician/surgeon fee	No charge	Difference between billed amount and 100% of allowed amount	Pre-certification required

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<b>If you have mental health, behavioral health, or substance abuse needs</b>	Mental/Behavioral health outpatient services	\$10 copay	20% coinsurance after deductible plus any balance billed amount	Pre-certification required. Deductible applies to Medication evaluation and management only
	Mental/Behavioral health inpatient services	No charge	Difference between billed amount and 100% of allowed amount	Managed Care Program. Pre-certification required
	Substance use disorder outpatient services	\$10 copay	20% coinsurance after deductible plus any balance billed amount	Pre-certification required. Deductible applies
	Substance use disorder inpatient services	No charge	Difference between billed amount and 100% of allowed amount	Managed Care Program. Pre-certification required
<b>If you are pregnant</b>	Prenatal and postnatal care	\$10 initial visit no charge after initial visit.	Initial visit 20% coinsurance after deductible then difference between billed amount and 100% of allowed amount	Obstetrical care not available to dependent children
	Delivery and all inpatient services	No charge	Difference between billed amount and 100% of allowed amount	Obstetrical care not available to dependent children

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<b>If you need help recovering or have other special health needs</b>	Home health care	No charge	20% coinsurance after deductible plus any balance billed amount	_____none_____
	Rehabilitation services	No charge	20% coinsurance after deductible plus any balance billed amount	Limited to 24 sessions per acute illness or injury. Excluding injuries suffered in a motorcycle or recreational vehicle accident.
	Habilitation services	Not covered	Not covered	_____none_____
	Skilled nursing care	No charge	20% coinsurance after deductible plus any balance billed amount	_____none_____
	Durable medical equipment	No charge	20% coinsurance after deductible plus any balance billed amount	Pre-certification is required for costs over \$500
	Hospice service	No charge	Difference between billed amount and 100% of allowed amount	_____none_____
<b>If your child needs dental or eye care</b>	Eye exam	Not covered	Not covered	_____none_____
	Glasses	Not covered	Not covered	_____none_____
	Dental check-up	Not covered	Not covered	_____none_____

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## Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic surgery
- Dental care (Adult)
- Hearing aids
- Infertility treatment
- Long-term care
- Private-duty nursing
- Routine eye care (Adult)
- Weight loss programs

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Bariatric surgery
- Chiropractic Care
- Non-emergency care when traveling outside the U.S.
- Routine foot care

## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under this plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-624-3096. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

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## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact the Plan Administrator at 1-800-624-3096 or the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have healthcare coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

## Does this coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

## Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-624-3096 ]

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,500
- Patient pays \$ 40

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$0
Copays	\$0
Coinsurance	\$40
Limits or exclusions	\$0
<b>Total</b>	<b>\$40</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,600
- Patient pays \$800

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$0
Copays	\$70
Coinsurance	\$580
Limits or exclusions	\$150
<b>Total</b>	<b>\$800</b>

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## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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